

# Maris Stella College (Autonomous), Vijayawada

## Department of Biochemistry

### Departmental Activities

2021-2022

On the Occasion of National Science Day on 28<sup>th</sup> February 2021, Organized a Two Day Online National Conference “Impact of COVID-19 on Lifestyle Disorders.”



**About Us:**  
Maris Stella College, a Catholic Minority Institution of Higher Education for Women is an autonomous institution affiliated to Krishna University. It is managed by the Franciscan Sisters of Mary, a Catholic religious congregation founded by Blessed Mary of the Passion in Ootacamund, Tamil Nadu in 1877.  
Maris Stella College was founded on 16<sup>th</sup> July 1962 to become the first college set up with the express mission of educating young women to be intellectually competent, morally upright, socially committed, and spiritually inspired so that they are equipped to contribute positively to family, community, and nation. Maris Stella College in Vijayawada is a well-established institution in the region that offers education for women at the plus two, undergraduate and postgraduate levels.

**Introduction:**  
Lifestyle diseases are health issues caused by the day-to-day habits of people that detract them from activity and push them towards a sedentary routine. This leads to chronic non-communicable diseases that can have near life-threatening consequences. The lockdown has been imposed as a precautionary measure against the spread of the COVID-19. It has pushed people towards a sedentary routine with little or no physical activity. This can cause several lifestyle diseases that include cardiovascular disease, chronic respiratory disease in addition to cancer and diabetes. Such ailments are primarily based on the day-to-day habits of people. These non-communicable diseases (NCDs) kill around 40 million people each year, that is around 70% of all deaths globally.  
This conference seeks to create awareness on how to save ourselves from these lifestyle disorders and lead a healthy life.

**Resource Persons**

**Dr. Ms. Kaiser Jamil** Plenary Speaker  
PhD; FWAMS, FEMSI, FZSI, FIAPCB, FNEA, FISBT  
Emeritus Research Scientist and Head, Genetics Department,  
Bhagwan Mahavir Medical Research Centre  
Hyderabad

**Dr. Anil Pasupulati**  
Assistant Professor  
Department of Biochemistry  
University of Hyderabad  
Telangana

**Dr. P.Kiranmayi**  
Assistant Professor  
Department of Biochemistry  
Acharya Nagarjuna University,  
Guntur  
Andhra Pradesh

**Dr. Malempati Sravanthi**  
Assistant Professor Adhoc.  
Department of Biochemistry  
Krishna University PG Centre  
Nuzvid, Andhra Pradesh

**Organizing Committee**  
Chief Patron:   
Dr. Sr. Jasintha Quadras,  
**Principal**  
Sr. Steeva Thumma  
**Correspondent:**  
Dr.Ch. Krishnaveni  
**IQAC, Coordinator**  
**Technical Team**  
Mr. Rajinikanth (Admin)  
Mr. Prasad (Admin)  
**Target Audience**  
Faculty, Research Scholars & Students (Undergraduate, Post Graduate)

**Advisory Committee**  
Dr. Girija Nambiar  
**Dean of Planning and Communication**  
Dr. Sr. G. Innyasamma  
Miss. K. Hannah Anuhya  
**Degree Vice Principals**  
**Convener**  
Dr. Alice J. Cheekurthy  
**Assistant Professor Biochemistry**

**Maris Stella College**  
(AUTONOMOUS)  
A COLLEGE WITH POTENTIAL FOR EXCELLENCE  
VIJAYAWADA-9, A.P, INDIA  
ISO 9001:2015 CERTIFIED

Since 1962

On the occasion of  
**NATIONAL SCIENCE DAY**  
On  
28<sup>th</sup> February 2021

**TWO DAY ONLINE CONFERENCE**  
ON  
**IMPACT OF COVID-19 ON LIFESTYLE DISORDERS**  
26<sup>th</sup> & 27<sup>th</sup> February 2021  
Two Sessions each day  
Timings:10:00AM-12:30PM;1:30PM-4:30PM

**ORGANIZED BY**  
**DEPARTMENT OF BIOCHEMISTRY**  
*Exploring the molecules of Life*

**Conference Agenda**  
**Date: 26<sup>th</sup> February,2021**

<b>DAY 1:</b>	<b>10.00 AM to 4:30 PM</b>
10:00 AM-10:05 AM	Prayer
10:05 AM - 10:15 AM	Welcome
10:15 AM-10:30 AM	Introduction to speakers
<b>SPEAKERS</b>	<b>Plenary Session</b>
10:30 AM-11:20AM	Dr. Mrs. Kaiser Jamil
11:20PM-11:30PM	Interaction
11:30 PM-12:30PM	Presentations by participants
12:30 PM-1:30 PM	Lunch break
<b>SPEAKERS</b>	
1:30 PM-2:20PM	Dr. P . Kiranmayi
2:20PM-2:30 PM	Interaction
2:30 PM-4:30 PM	Presentations by participants

Registration link: <https://forms.gle/rZG4gST1g4sDHZf39>

Google Meet link: <https://meet.google.com/yyd-4crw-pqd>

Participants will get E-Certificates on submitting feedback form

For further details contact:

**Faculty Coordinators**

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**Student Coordinators**

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+91 7673952711

**Conference Agenda**  
**Date: 27<sup>th</sup> February,2021**

<b>DAY 2:</b>	<b>10.00 AM to 4:30 PM</b>
<b>SPEAKERS</b>	
10:00 AM - 10:50AM	Dr. Anil Pasupulati
10:50 AM - 11:00 AM	Interaction
11:00 AM - 12:30 PM	Presentations by participants
12:30 PM- 1:30 PM	Lunch break
<b>SPEAKERS</b>	
1:30 PM - 2:20PM	Dr. Malempati Sravanthi
2:20 PM - 2:30 PM	Interaction
2:30 PM - 4:30PM	Presentations by participants
4:30 PM	Vote of Thanks

National Anthem

**Call for Papers**

Research papers are invited on the theme of the conference

'Impact of Covid-19 on Lifestyle Disorders'

Abstracts will be published in the Conference Proceedings.

A soft copy of the full paper is to be sent to the department mail ID:

[biochemistrydept@maris Stella.ac.in](mailto:biochemistrydept@maris Stella.ac.in) by 25<sup>th</sup> February,2021

## National conference

Two day National conference organized by Department of Biochemistry on the occasion of National Science Day on 26th and 27th of February 2021.

